



What is Acupuncture?



Acupuncture is an effective form of health care that has evolved into a complete and holistic medical system. Practitioners of acupuncture and Chinese Medicine have used this noninvasive medical system to diagnose and help millions of people get well and stay healthy.

An Acupuncturist will place fine, sterile needles at specific acupoints on the body. This activates the body's Qi and promotes natural healing by enhancing recuperative power, immunity and physical and emotional health. It also can improve overall function and well-being. It is a safe, painless and effective way to treat a wide variety of medical problems.

What can acupuncture treat?

Acupuncture is recognized by the national Institute of Health (NIH) and the World Health Organization (WHO) to be effective in the treatment of a wide variety of medical problems. Here is a list of a few health concerns that acupuncture has been effective in treating:

Addiction to Alcohol, drugs, smoking

Anxiety

Arthritis

Asthma

Bronchitis

Carpal Tunnel Syndrome

Depression

Digestive trouble

Pain

Migraines

Shoulder Pain

Sciatica

Facial Palsy/tics

Fatigue

Fertility

Fibromyalgia

Headaches

Incontinence

Indigestion

Stress

PMS

Nausea

Low Back Pain

Irritable Bowel Syndrome

How Safe is Acupuncture?

Acupuncture is extremely safe. It is an all natural, drug free therapy, yielding no side effects except feelings of relaxation and well being.

Call today to book your appointment!

Or FREE consultation

(905) 840-WELL (9355)