

SICK AND TIRED OF FEELING PAIN WHEN YOU ARE WALKING, RUNNING OR STANDING?

Orthotics

A STEP TOWARDS A BETTER FOUNDATION



QUIZ

Do your shoes wear evenly?	YES	NO
Do your feet hurt?	YES	NO
Do you have knee/hip or lower back pain?	YES	NO
Do you experience headaches?	YES	NO
Are you fatigued?	YES	NO

If you answered yes to any one of these questions you may be a candidate for Orthotics.

Proper Fit

- Toe box should have a ton of room to make sure you can wiggle your toes
- Ensure width fits properly (you forefoot should never be wider than the shoe)
- You heel should be stable within the heel counter
- The shoes should feel comfortable the moment you try them on

Here's what people are saying!

"Being a mail carrier, I went home every night with unbearable foot pain. Thanks to my Orthotics I am able to walk my dog when I get home" - Richard C.

"As a competitive athlete, my Orthotics help me perform at optimal potential" - Sean L.

After years of regular and ineffective medications...I no longer suffer" - J.P

HAPPY FEET! HEALTHY BODY!



Orthotics can make your life easier and more enjoyable, safely and effectively without the use of drugs and surgery!

For more information or to book a consultation call today!

(905)840-WELL